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2022

### Medication Usage in Independent Living: A Continuing Care Retirement Community Aging in Place Initiative

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**Intro:** This survey was a part of a larger initiative to evaluate barriers to aging in place in a CCRC IL setting. The goal is to identify medication use concerns.

**Methods:** 10 question self completed survey

**Results:** 217 respondents (67%)  
Average age 85  
91% took meds  $\leq$  2 daily  
18% needed med management  
22% had difficulty opening or closing bottles  
20 % difficulty reading labels  
1% med access/cost issue  
12 % concerns remembering meds

**Discussion:** CCRCs represent unique communities regarding medication use. Our survey highlights areas of intervention in this population.

**Financial Disclosures:** None

# Medication Usage in Independent Living: A Continuing Care Retirement Community Aging in Place Initiative

CCRCs are a unique population and less studied regarding medication use

Our survey highlights areas of potential interventions to support aging in place



SCAN ME

AGS22 ANNUAL SCIENTIFIC MEETING



## Potential Interventions

- Newsletters
- Clinician lectures
- Larger font
- Easy to open bottle
- Pain, sleep, OTC
- Facility support

