**Background**
- Exposure to trauma is a shared human experience, yet as intensity and frequency of trauma increases, so do risks for negative mental health impacts.
- Trauma Informed Care (TIC) approach can improve outcomes including reduced use of restraints and seclusion.
- On an inpatient adult mental health unit, a needs assessment revealed low levels of formalized TIC training and identified staff support for integrating evidence-based TIC strategies into patient care delivery.

**Purpose**
- To describe the process of developing and implementing trauma-informed care strategies on an adult inpatient mental health unit.

**Methods**
- Needs assessment indicated clinicians wanted more training and tools to follow TIC practices.
- An interdisciplinary team collaborated to create and implement a TIC tool (pictured below).
- Several tools were evaluated, and a version tailored to the unit’s needs was developed.
- Tool is completed with the patient at time of admission and referred to throughout the duration of their hospitalization.

**Results**
- All staff received training on the new process through emails, meetings, and one on one coaching.
- Chart audits completed to determine compliance.
  - 34/50 (68%) of charts indicate tool was completed at time of admission.
  - 8/16 (50%) RN indicates reason for tool not being completed.
  - 8/16 (50%) lacked documentation.

**Discussion**
- All staff have completed TIC education in HealthStream.
- Caregivers have adopted the new process change of completing a TIC tool for each patient.
- Process rolled out at the end of November 2023.
- Caregivers were recently invited to take a voluntary survey to assess perceptions on the TIC Patient Safety Tool.

**Implications for Practice**
- Partnering with patients to complete an individualized TIC safety tool may be an important intervention to support outcomes.
- Next steps include evaluating survey responses to TIC Patient Safety Tool and complete chart audits to measure outcomes.

**Acknowledgments**
- A special thanks to all the behavioral health staff!