



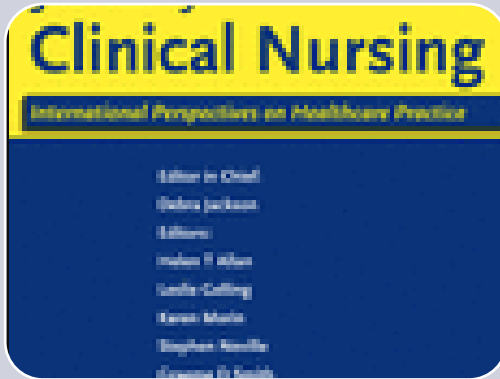
Beyond the Pandemic: Moving Nursing
Practice Forward Through
Clinical Scholarship

FUELING THE PASSION

Dr. Elizabeth Winokur, PhD, RN, CEN; Providence Saint Joseph Orange

Dr. Sherri Mendelson, PhD, RNC, CNS, IBCLC; Providence Holy Cross Medical Center

HOW DO WE KNOW

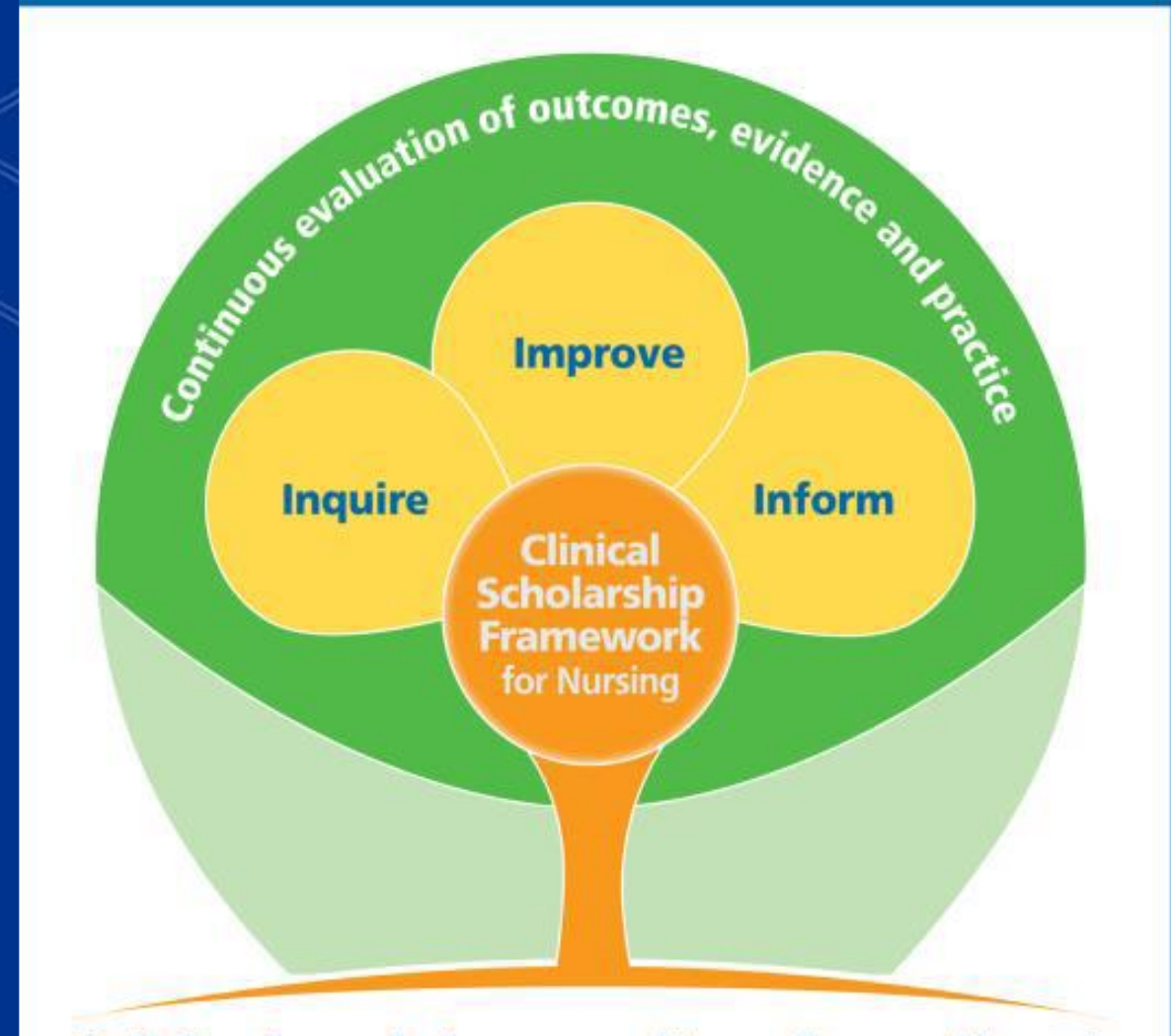


How many publications have our nurses produced in 2022?

How many podium presentations have Providence nurses presented in 2022?

How many poster presentations have Providence nurses presented in 2022?

Providence Clinical Scholarship Framework for Nursing





How many animals of each kind

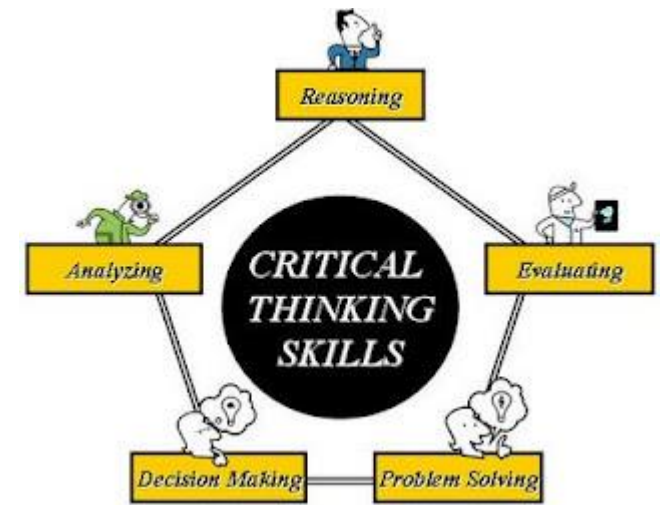
did Moses take on the ark?

KNOWLEDGE NEGLECT

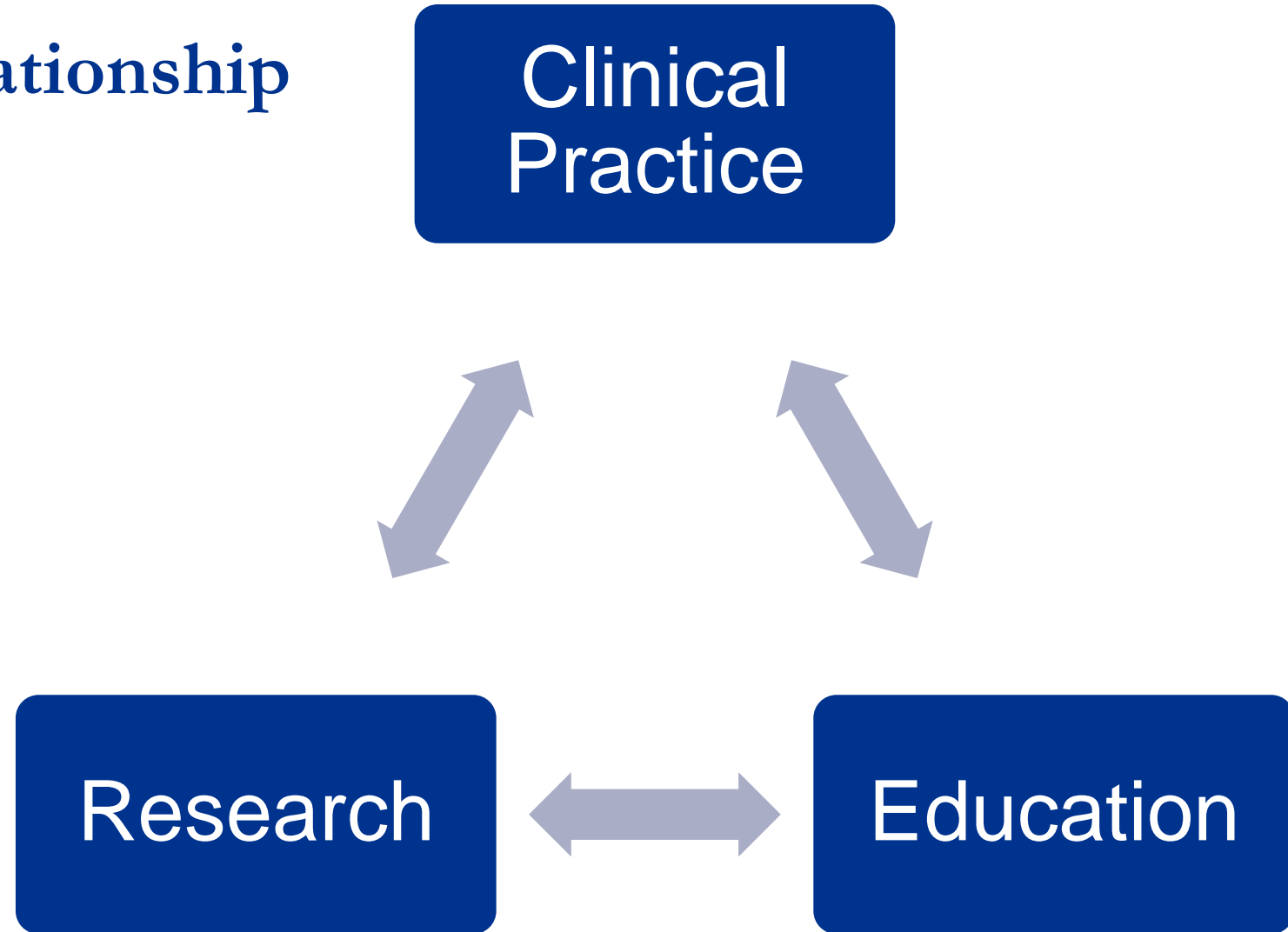
Why??

- Distraction
- Assumption- it is true if it is written
- More likely to accept if it is consistent with your beliefs
- Consistent or frequent exposure to false information increases the perception that it is true.
- **Prevention**
 - **Avoid passive reading instead use deliberative evaluation of what you are reading**
 - **Examine new knowledge by evaluating within existing knowledge base**
 - **Fact-check information**

(Pickler 9/2022)



Synergistic Relationship



HAVE THE PASSION TO BASE PRACTICE ON EVIDENCE

How do you know if your practice is based on evidence?

- ❖ Do you test the urinary catheter balloon prior to insertion?
- ❖ Do you insert saline through the ETT prior to bagging?

McKinley, D. F., Kinney, S. B., Copnell, B., & Shann, F. (2018). Long-Term Effects of Saline Instilled during Endotracheal Suction in Pediatric Intensive Care: A Randomized Trial. *American Journal of Critical Care*, 27(6), 486–494. <https://doi.org/10.4037/ajcc2018615>

BEGINNING: BEING A CONSUMER OF RESEARCH

What does the data show?



Should we use aromatherapy for Oncology patients?

Should we discard blood for blood cultures when drawing from CVCs?

How can you learn to understand research?

What is the difference between a Systematic Review and a Meta-Analysis?

Can you change practice based on one research study?

INTEREST/CONCERN IS THE BEGINNING: GETTING STARTED

- What is the question?
- What answers are you looking for?
- What are your resources to find the answer?
- Are there answers already (Do they exist)?
- Is the answer sufficient & trustworthy?
 - Implementation of existing EBP
- What if no answer or discrepant answers?
 - Can you measure what you want answers to?
 - What structure (Methodology) should you use?



Getting Started

Do Research **Now**

Research/Clinical Inquiry in Patient Care Setting

Challenges

- Skill set
- Time to conduct
- Permission
 - Stakeholder/ administration buy-in
 - HRPP
- Participants
 - Identifying
 - Enrolling
 - Consenting
 - Data Management
 - Dissemination



Challenges

Providence Support Structures for Nursing Research

Library services
Nurse Scientists
Statistical help
Institutional Review Board (IRB)
Digital Commons
Education



MENTORS

- Mentors have different strengths and talents
- The more eyes the better
- Pride has no place in nursing research: It is a group sport



Mentor Strengths

Dr. Winokur

Dr. Mendelson

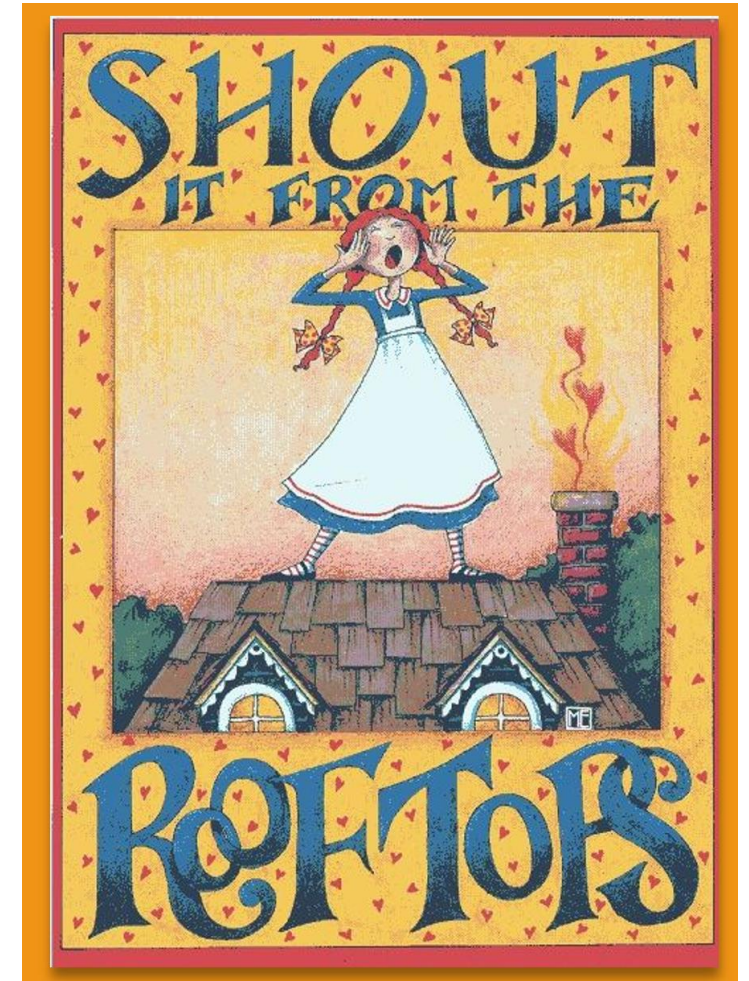


RESEARCH IS POWER

RELEVANT

&

REAL



References

- Albert, N. H. (2015). Creating a vision for nursing research by understanding the benefits. In N. H. Albert (Ed.). *Building and sustaining a hospital-based nursing research program* (pp. 2-11). Springer.
- McKinley, D. F., Kinney, S. B., Copnell, B., & Shann, F. (2018). Long-Term Effects of Saline Instilled during Endotracheal Suction in Pediatric Intensive Care: A Randomized Trial. *American Journal of Critical Care*, 27(6), 486–494. <https://doi.org/10.4037/ajcc2018615>
- Pickler, R. H. (2022). Knowledge neglect. *Nursing Research*, 71(6), 419-420, doi:10.1097/NNR.0000000000000617

QUESTIONS



Dr. Elizabeth Winokur

- PSJO
- Nurse Scientist
- Beth.winokur@stjoe.org



Dr. Sherri Mendelson

- PHCMC
- Nurse Scientist
- Sherri.mendelson@providence.org