

Nurse Education on 4Ps to Prevent Falls

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Background

- Hospitals in the United States report 700,000 to 1,000,000 falls in hospitalized patients (Preventing Falls in Hospital, 2021)
- Inconsistent nurse hourly rounding in Intermediate Stepdown Unit
- Consistent hourly rounding addressing the 4Ps (Pain, Position, Potty and Periphery) decreases falls and improves patient satisfaction

Purpose

- Improved nurse knowledge of hourly rounding using the 4P model
- Improved consistent hourly rounding, decreasing falls
- Improved HCAHPS vs Cipher rounding responsiveness scores

Methods

- EBP with quality metrics
- Educate all staff on hourly rounding addressing the 4Ps
- Identify patient's fall risk at admit, during hospital stay, and those at risk of falling
- Inclusion criteria: All patients able to reposition and interact with the nurse

Results

- Cipher rounding showed higher responsiveness scores
- HCAHPS Responsiveness scores improved slightly from 2023
- 2024 fall occurrences in DSU through July were six

Discussion

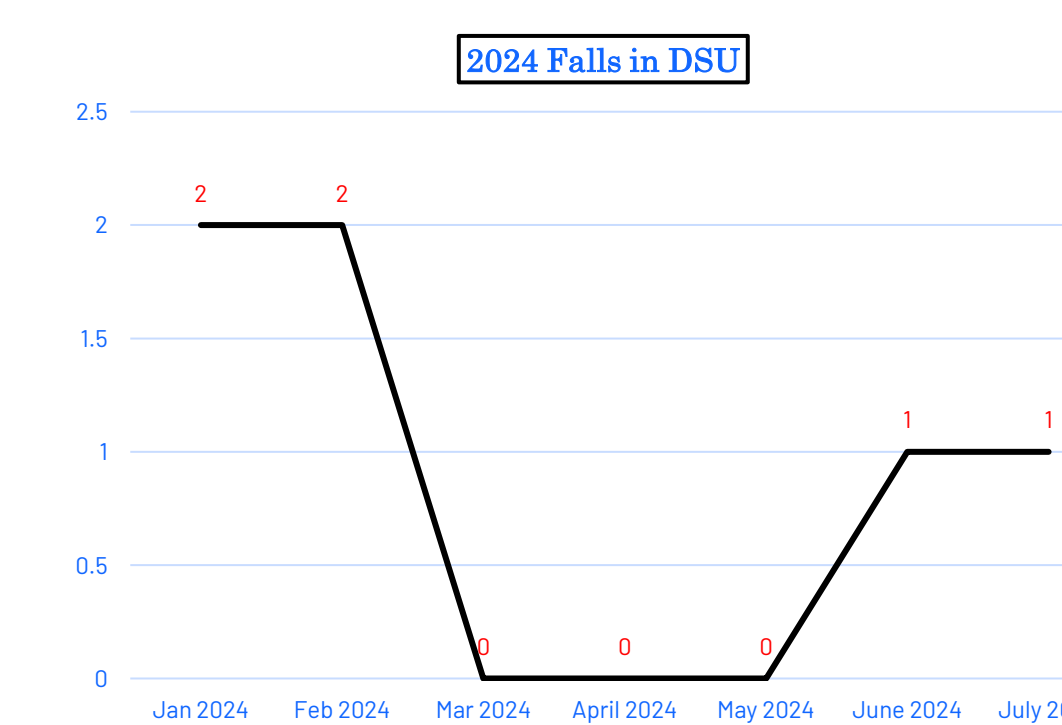
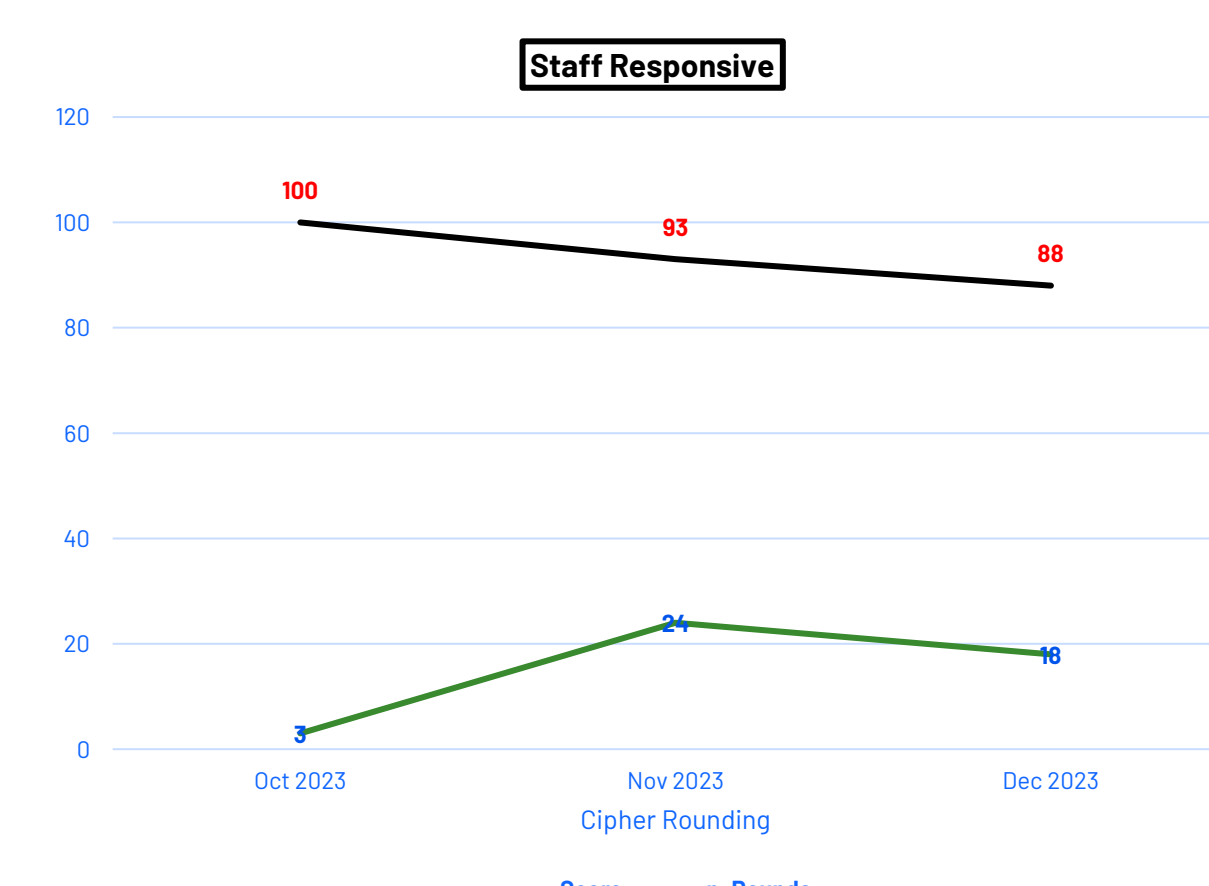
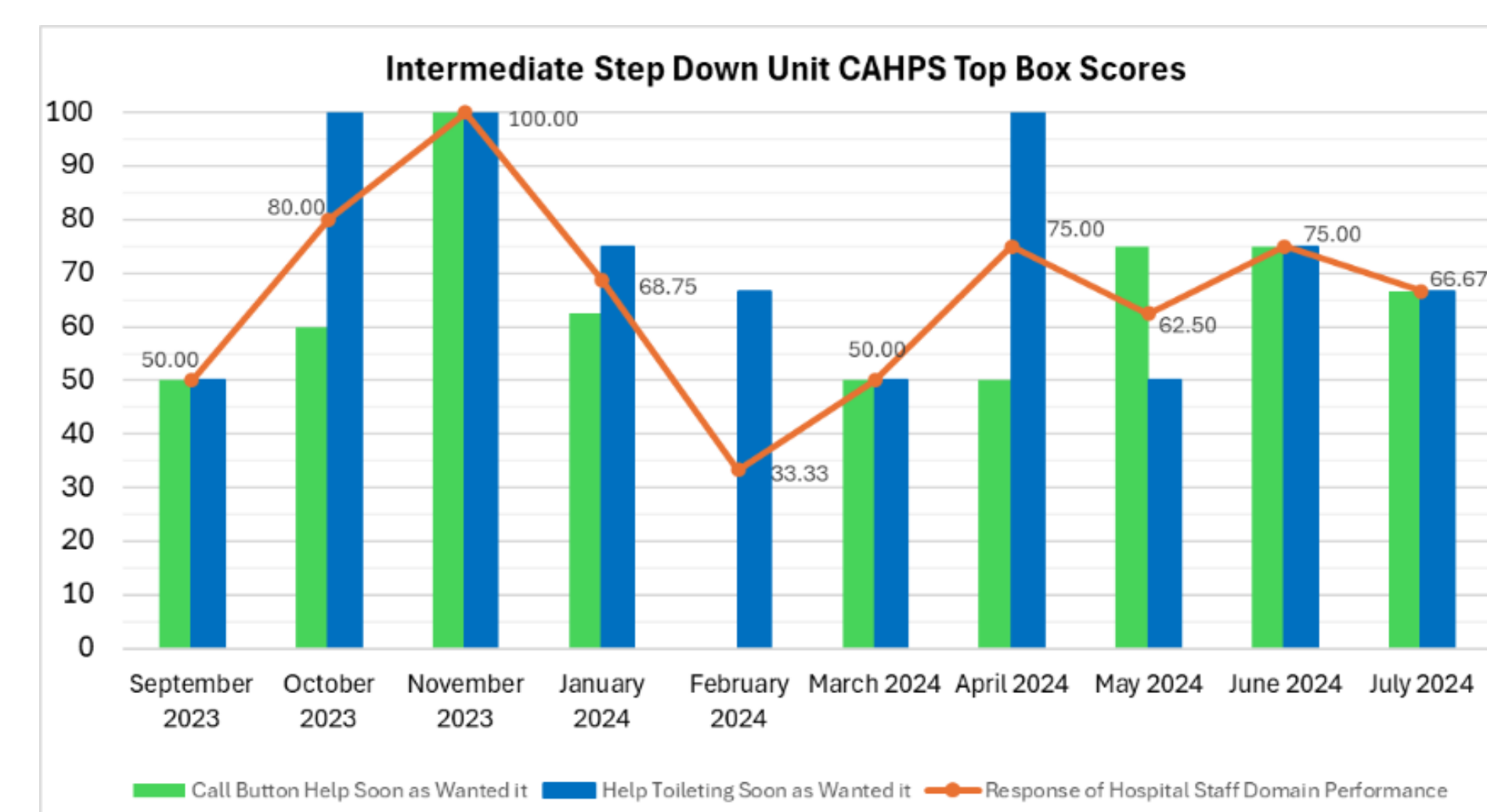
- HCAHPS survey numbers remained low
- Cipher rounds provide real-time feedback - higher survey numbers
- Accountability needed to adhere to standard work

Implications for Practice

- Hourly rounding must be consistent
- Importance of ongoing education, especially with new staff incoming

Acknowledgments

Thank you to Kendrick, Patient Experience Specialist; DSU UBC and Preceptors



References available upon request.