

Reducing Overutilization of Telemetry on a Medical-Surgical unit



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Background

- Telemetry (tele) overuse on non-critical care floors is an issue in hospitals
- It results from a lack of knowledge of guidelines
- One major consequence is telemetry bed shortages

Purpose

 To evaluate and reeducate RNs on Epic's Best Practice Advisories (BPA) for tele discontinuation (d/c) on the Clinical Decision Unit (CDU)

Methods

- A tele d/c quiz was created in Microsoft Forms to evaluate RN learning. A link was sent to RNs
- Educational intervention
 = handout summarizing
 the Epic process with
 BPAs sent by email

Results

- Pre-intervention quiz scores had n=20 compared to post at n=1
- The pre-scores were higher than post-scores
- Data points for postscores couldn't be obtained due to an Epic system change

Discussion

- Providence issued a system wide Epic practice change on June
 18, 2024 eliminating BPAs due to nurses' frequent dismissals
- The workflow was redesigned so only doctors could discontinue tele orders

Average quiz score patients monitored beyond telemetry order expiration

Pre-education 5.9/10 (n=20) 32 Post-education 5/10 (n=1) To be determined

Implications for Practice

RN education requires reinforcement and application to daily tasks

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