

BHS UBC 2024

November 18, 2024



UBC MEMBERS:

Chair: Romina Bobadilla

Co-chair: Tayla White

Facilitator: Tom Jones

Secretary: Sahar Nourani

Treasurer: Terry Pedro

Members:

- **Leila Balete**
- **Don Kadalim**
- **Liz Dagampal**
- **Cathy Mones**
- **Brenda Shah**

All staff are welcome to attend to UBC meetings held every other month.

UBC GOAL: To Boost Staff Morale

- **Rewards & Recognition:**

- Peer Awards (Nurses Week)
- Starfish Award

- **Celebrations:**

- Holiday Party
- Monthly Birthdays
- Doctor's Appreciation Day
- Nurse Week
- Nurse Assistant Week
- Secretary Day

- **Fall Picnic / Team Building**

UBC ACTIVITIES

Suicide Walk:

Mission & Community Outreach: Suicide Walk Awareness

- Managed to gather > 3K in donations from our BHS team, families & friends.
- This collective effort not only raised funds but also strengthened our commitment to suicide prevention and awareness within the community.

Christmas Giving:

➤ Christmas Tree Angel

- gift giving to children with an incarcerated parent. Personally delivered on behalf of the hospital.

➤ **Adopting a local family** within our community

BHS UNIT PROJECT

- **Employee Engagement Survey:**

- Looking for ways to improve
- Utilizing suggestion box
- Open to any inputs suggestions and feedbacks
- Unit update via email
- Team huddle at start of each shift

- **Patient Safety**

- Improve the process on Contraband / Patients' belongings/valuables

- **Fundraising:**

- To fund unit celebrations, activities, & rewards for staff recognition
- Pumpkins with succulents, Christmas tree & t-shirts.

The Starfish Award

Making A Difference

The Starfish Story:

- Just like the little boy in the Starfish Story, many people go above and beyond to help others. It is time we recognize the employees who are going out of their way to make a difference for our patients and for staff.
- Each month, one eligible employee (BHS RNs, LVNs, CNAs, and HUC) from day and night shift will be recognized with the Starfish Award.
- Nominations for the award will come from Patients' surveys, Thanks for Caring cards, and from the Starfish cards.



Allow us to share 2024 UBC Highlights...

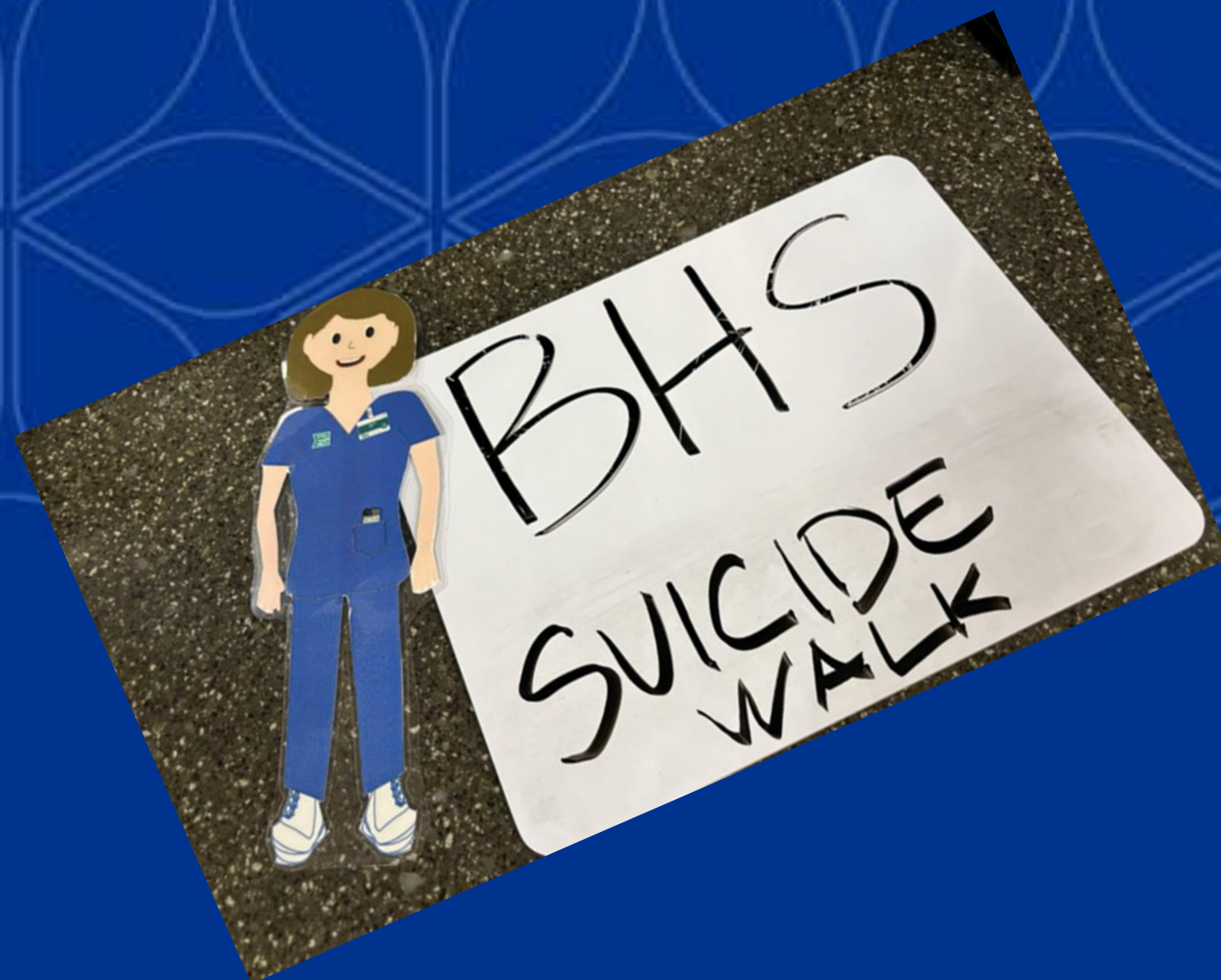
BHS Fall Picnic 2024



Suicide Prevention Walk 2024

Maggie supports
the BHS team
at the Suicide Walk
















What's Your Color?

Losing someone to suicide or struggling with a mental illness can feel like no one understands what you are going through.

Each color shows our personal connection to the cause and helps us identify others who understand our experience.

 WHITE Loss of a Child	 RED Loss of a Spouse or Partner
 GOLD Loss of a Parent	 ORANGE Loss of a Sibling
 PURPLE Loss of a Relative or Friend	 SILVER Loss of a First Responder/Military
 GREEN A Personal Struggle or Attempt	 TEAL Supporting Someone Who Struggles or has Attempted
 BLUE Supporting Suicide Prevention	 RAINBOW Honoring the LGBTQ Community

afsp.org  American Foundation for Suicide Prevention

BHS Staff Meeting



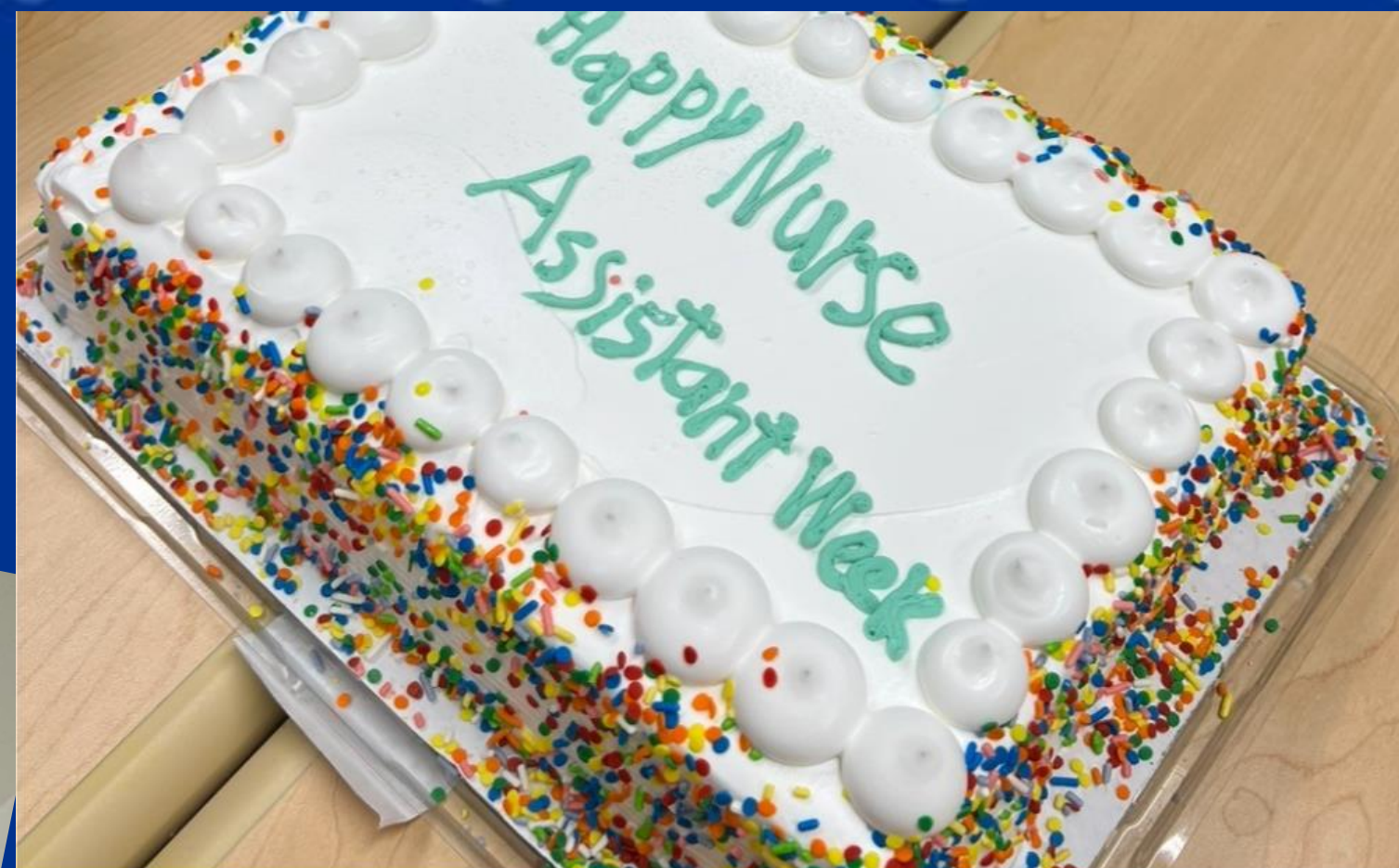


**Maggie's visit
to the
BHS night shift crew**

Staff celebrated 4th of July with Patients and their Families



Nursing Assistants Week



Doctors Appreciation Day



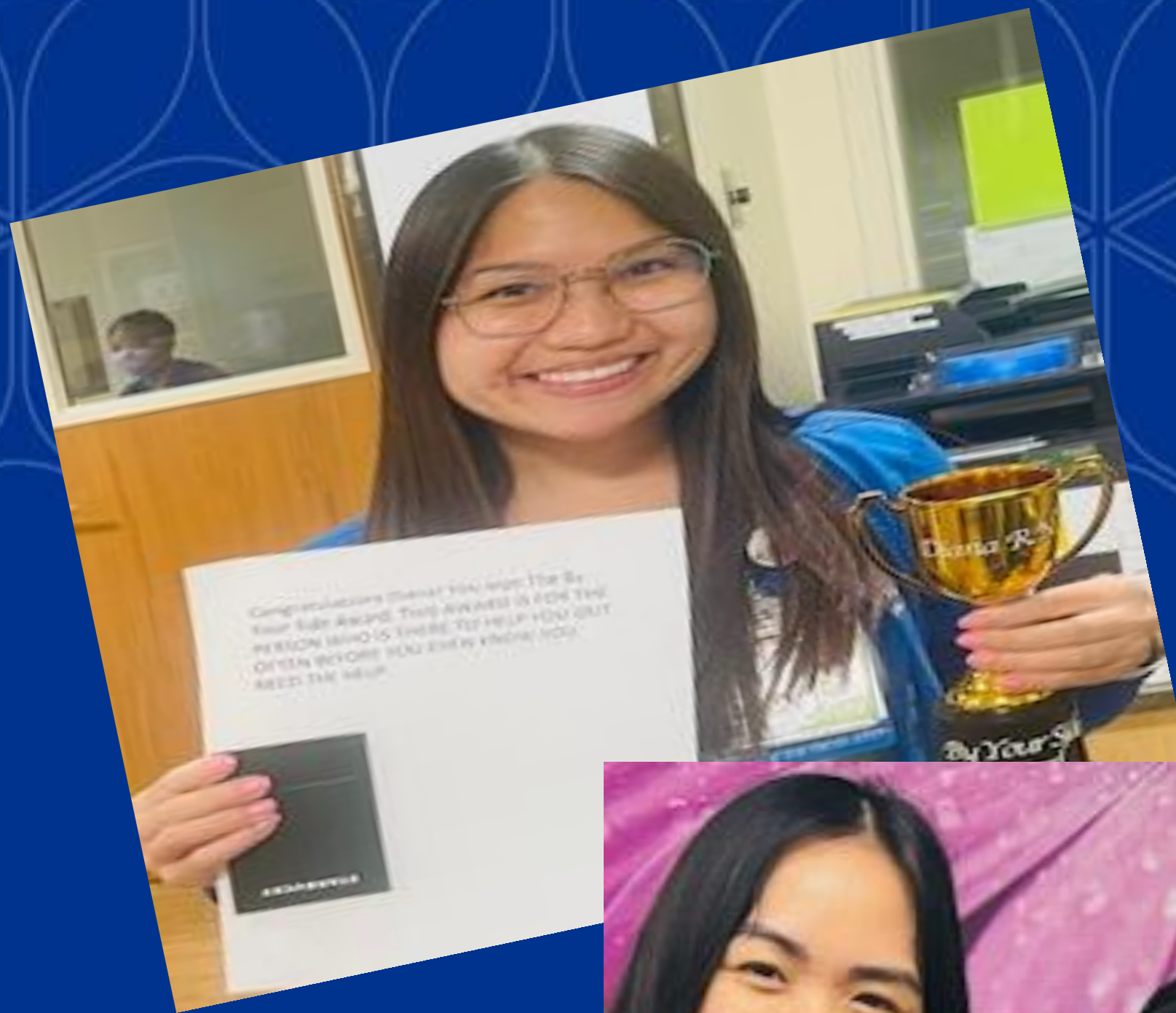
Nurses Week



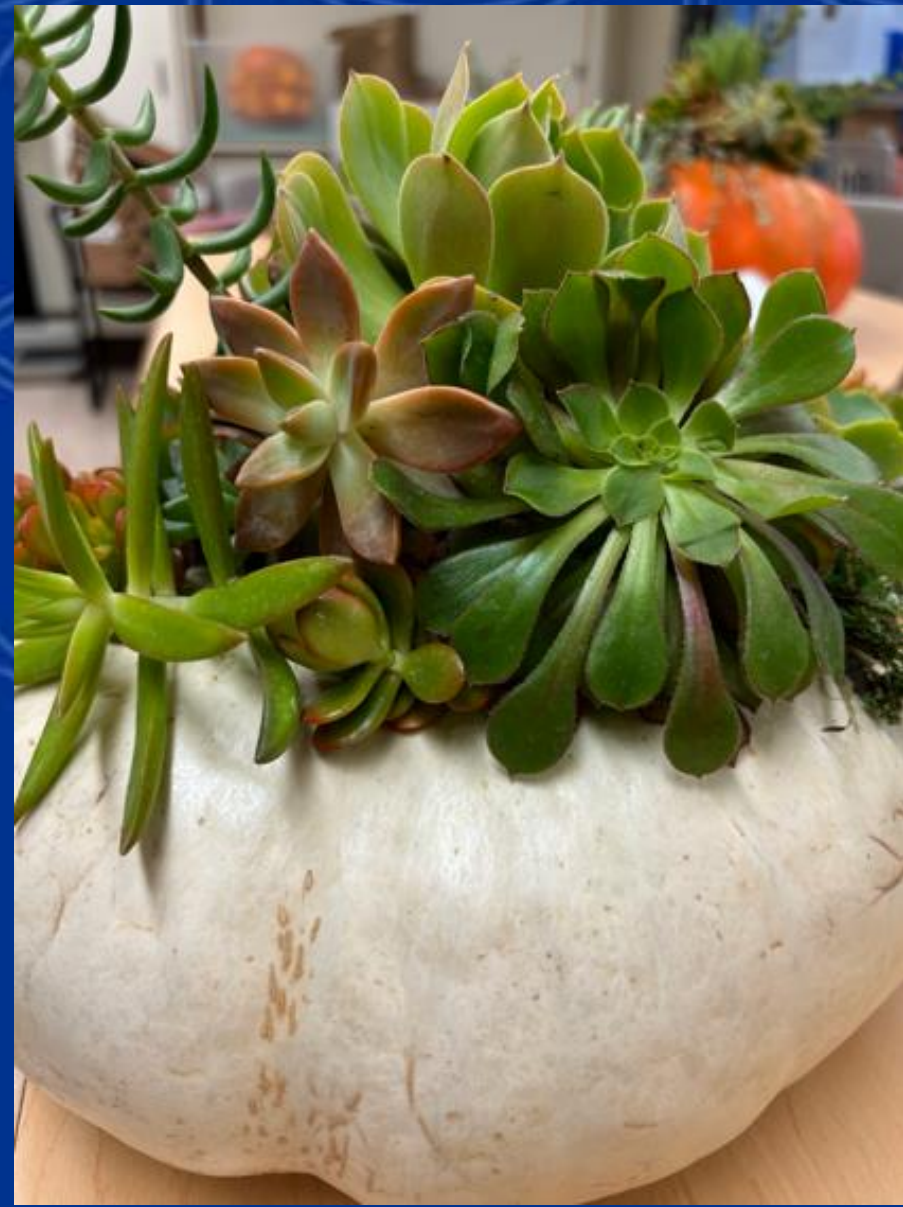
Management Team visits the BHS unit on Halloween



Staff Recognition



Pumpkin Fundraising



**We hope you enjoyed
watching our activities as
much as we did.**

Until next year!

- UBC Team